

FACT SHEET: ACCELERATING ADOPTION OF EVIDENCE-BASED CARE: PAYER-PROVIDER PARTNERSHIPS

DID YOU KNOW IT CAN TAKE 17 YEARS FOR NEW MEDICAL KNOWLEDGE TO GET FROM THE LAB TO THE EXAM ROOM?



- Delays in bringing new best practices to patients can result in health disparities, variations in care quality, adverse events, waste and unnecessary costs for consumers and the health system.
- Clinical leaders benefit from strategies that help them align care delivery practices with the latest evidence.

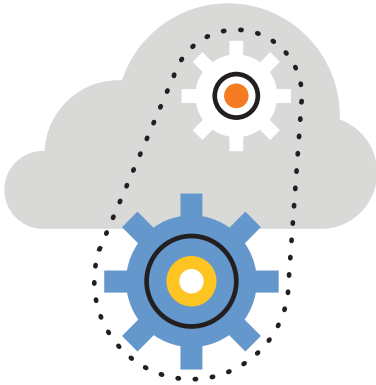
NEW RESEARCH FROM THE ALLIANCE OF COMMUNITY HEALTH PLANS SHOWS —



CLOSE COLLABORATION among health plans, physicians and communities can accelerate the delivery of medical knowledge and the adoption of evidence-based care

- **As a result, care improves, costs go down and patients experience better outcomes.**
- The organizations studied — non-profit, community-based, provider-aligned health plans that comprise ACHP — have joined forces with their physician partners to reduce opioid prescribing; eliminate unnecessary labor inductions; cure Hepatitis C; improve diabetes and hypertension control; increase depression screening and treatment; and reduce surgery costs, among other results.

ACHP'S RESEARCH IDENTIFIED 5 BEST PRACTICES THAT HEALTH PLANS CAN EMPLOY TO ACCELERATE THE ADOPTION OF EVIDENCE-BASED CARE.



1. **BUILD** CONSENSUS AND COMMITMENT TO CHANGE
 2. **CREATE** A TEAM WITH NECESSARY SKILL SETS, PERSPECTIVES AND STAFF ROLES
 3. **CUSTOMIZE** EDUCATION, TOOLS AND ACCESS TO SPECIALIZED KNOWLEDGE
 4. **SHARE** TIMELY AND ACCURATE DATA AND FEEDBACK IN A CULTURE OF TRANSPARENCY, ACCOUNTABILITY AND HEALTHY COMPETITION
 5. **ALIGN** FINANCIAL INVESTMENTS WITH CLINICAL AND PATIENT EXPERIENCE GOALS
- Often, successful plans use a combination of these practices to achieve faster, more widespread adoption of evidence-based care.
 - Detailed case studies from multiple health organizations across the country show these best practices in action. Check them out at transforming-care.org.

NONPROFIT, COMMUNITY HEALTH PLANS have a unique ability to influence provider behavior, accelerating the dissemination and delivery of evidence-based care.



Their shared community roots and deep investments in relationships with local health care providers build common ground, stability and longevity — important foundations for effective partnerships. These strong payer-provider partnerships have sizeable and lasting impacts on the health of communities.

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